

General Descriptions for Workshops - Blaine CORE*

www.nwcore.org

*Community Organization for Resources and Education

LOCATIONS: Blaine Library, 3rd St & G. & **Blaine Senior/Community Center**, 764 H St.

MAKING YOUR OWN GHEE (Heino)

Jan 24, Wed 5-7pm - Blaine Library

Join us for a live demonstration on how to make this delicious, pure butterfat. Ghee is gluten free and dairy free, can be used as a spread, and is an excellent choice for frying. Best of all, Ghee needs NO refrigeration! I guess the Pharaoh's had it figured out!

PRUNING 101

Jan. 27, Sat. 9-11am Sr/Community Center

Jan. 31, Wed - 5-7pm Blaine Library

This is the perfect time to start pruning. Trees are breaking hibernation earlier (or not even going into deep hibernation), so take advantage of some of our sunny winter days and brush up on those pruning skills. We will discuss tools, why prune, decisions necessary (learning to understand growth habits of trees/bushes). We will also present on overgrown trees and how to get them back in shape. Bring your questions! There will be a third Pruning Workshop on April 6th. Guest, Steve Gaber from NW Fruit Rescue will be demonstrating (and hands-on, if you want) the art of pruning an overgrown tree. This will be a great class!!

LIFE in an ELECTRIC CAR? Should you Buy one? (Heino)

Feb. 3, Sat - 10am-12noon Blaine Library

Should you buy a used or new all electric car? For as little as \$15,000 you could be the proud owner of a later model electric car! What is it really like to have an all electric car as a daily driver? Come and get real life information on range, performance, reliability, versatility, comfort and convenience from a 2013 Nissan Leaf, 2017 Fiat 500e, 2019 Chevy Bolt, and 2022 Chevy Bolt EUV owner/driver. Presentation will include analysis of latest car offerings, as well as various used EV's. You will get a charge out of it!

MASON BEES- Alternative Pollinators – RESCHEDULED CLASS from Jan. 17 Cancellation

Feb. 3, Sat - Sr/Community Center 9-11am

The crisis in our bee population is very real. We want to help you learn how to support all pollinators in your own backyard. This workshop will present an overview of the problem and introduce you to native pollinators. We will discuss how to establish and maintain a healthy mason bee colony in your yard. We will have straws and bee cocoons available for sale.

GARDEN DESIGN 101 - Expanded Session - 4 classes

2/15 Thurs. 5-7pm - Sr/Community Center Class 1 of 4 "Looking at Your Lot, All the Details"

2/22 Thurs. 5-7pm - " " " Class 2 of 4 "Design Considerations to integrate with your House"

2/29 Thurs. 5-7pm - " " " Class 3 of 4 "The Process & Decisions of Hardscapes/Structures"

3/7 Thurs. 5-7pm - " " " Class 4 of 4 with Paul and Diane - Principles of Art Design in the Garden

We will discuss how to look at your yard as if you were a landscape designer. Especially important for placement of fruit bearing trees, bushes and vines. Considerations for placement of vegetable gardens. In this presentation, we will talk about your overall yard including hardscape assessments, materials use, integration with your home and/or views, sunlight observations, air flow and other major landscaping decisions. Some overlap for each of the classes will occur.

KOMBUCHA

Feb. 17, Sat 10am-12noon - Blaine Library

Known as "The Elixir of Life", Kombucha origins remain shrouded in mystery. Some drink it for health, some for flavor. If you have never tried it, now's your chance! We invite you to get in touch with your inner "Ghengis" by learning more about this interesting elixir at this fun, informative presentation. We will be sampling different flavors, demonstrating how to make your own AND sending you home with your own culture (SCOBY) to start brewing.

HEARING AIDS without Loosing an Arm & a Leg (Heino)

Feb. 21, Wed. 5-7pm - Sr/Community Center

This program is for people who have determined with their doctor's input that their hearing loss is "normal" and not due to an illness, infection, or repairable defect. Learn about the different types of hearing aids, pricing, where and how to buy them, hearing aid maintenance, how to test your hearing, and other useful tips. Presented by local hearing aid user Heino Sunter, who will share his experiences and advice. Not intended to sell you product or replace a medical assessment for your hearing loss.

SEED STARTING & Sprouting

Feb. 24, Sat. 9am-11am - Sr/Community Center

How many seeds? What type? When to start? When to transplant? So many questions?? We can help get you started on the answers! Talk will focus on plants that can be grown in our climate. Tips and tricks.

WINTER GARDENING, SPROUTING

Feb. 28, Wed 5-7pm - Blaine Library

We will start with "how to get that craving for greens satisfied" by growing sprouts!! Moving on to simple hoop house construction and what can you grow with passive protection and get a jump on the growing season. What plants that can be "wintered over" in your garden/hoop house.

EASY, SQUEEZY - GLUTEN & DAIRY FREE Cooking, Tips and Tricks (Heino)

March 2, Sat 10am-12noon - Blaine Library

Discover cooking tips and tricks using alternative products to make gluten-free/dairy-free cooking easy and fun. Learn how to cook favorites like Alfredo, soups including "cream"- based chowders, stews, dips, dressings, and more. Pick up ideas for one-pot dishes, breakfast, and repurposed leftovers. Presenter Heino Sunter will provide a live demo preparing a gluten free and dairy free clam/seafood chowder.

Please note: this class does not cover cooking with other allergens, organic, GMO, vegan, or low fat.

WINTER SOIL & JUMP STARTING YOUR GARDEN

March 27, Wed 5-7pm - Blaine Library

What are the affects of winter on your garden? How to build your soil, winter protection and best planting practices for healthy year round harvests. Starting seeds for transplanting to the outdoors and how to do it.

SAUERKRAUT & Fermented Veggies - Homemade & Delicious

April 3, Wed 5-7pm - Blaine Library

Yup, good old-fashioned homemade, delicious and crispy kraut, made right in your kitchen, easy & HEALTHY!! Can be made with lower salt levels when you make it yourself. Natural pro&pre biotics to help your microbiome.

The basics of fermentation. If you have always wanted to try it, now's your chance to get started. Simple tools, salt and veggies transform your diet into new and exciting foods. Come explore!

PRUNING 101

April 6, Sat. 9-11am - Sr/Community Center

It's not too late to take advantage of some of our sunny days and brush up on those pruning skills. We will discuss tools, why prune, decisions necessary (learning to understand growth habits of trees/bushes). We will also present on overgrown trees and how to get them back in shape. Bring your questions!

CHECK ENGINE LIGHT on your DASHBOARD? (Heino)

April 10, Wed 5-7pm Blaine Library

What does it mean? How can you inexpensively find out? We will discuss the tool needed, how to use it, when to call "the Shop" and how you can take the lead in your car's well-being and maintenance. We will also discuss new "tools" that you can keep on-board that will help keep your transportation reliable.

DAHLIAS 101

April 17, Wed 5-7pm - Sr/Community Center

April 27, Sat. 9-11am - Sr/Community Center

Dahlias are considered to be the premier cut flower. Easy to grow, though, there are some definite tricks! With thousands of colors and flower forms and their long bloom time they are VERY rewarding!! Presentation includes expert dahlia growers, live demos and answering questions. Free tubers! To get your dahlia addiction started (LOL!)

AIR TOOLS - The Great Equalizer (Kelle & Heino)

April 20, Sat. 9-11am - Sr/Community Center

Everyone is welcome to an air tool MultiMedia and live demo presentation. Air Tools can make hard work easy enough for ANYONE to accomplish. You don't have to be a big burly guy to use air tools, my wife loves her air hammer! Air tools can fasten, disassemble, cut, grind, chisel, blow, paint and more without the operator having to break a sweat! With a 9# air tool (about the weight of a gallon of milk) you can frame an entire house. A 5# tool can take the tires off of your car and then proceed to take the rest of the car apart if you want. Using a 3# air tool one can build fine furniture, cabinetry or install trim in a home. Expensive? NOT! Under \$400 can get you the air compressor and the 3 tools described above to do most everything you will typically need! Come on down and give it a try.

SMOKING MEATS for BEGINNERS (Heino)

April 27, Sat 10am-12noon - Blaine Library

It's easier and less expensive than you think! An operating meat smoker will be on display, with delicious smoked sausages to be sampled after the presentation. Topics covered will include smoking equipment; types, styles and pro's and con's. Discussion of different wood used for smoking meats as well as their preparation for the smoker. Tips, ideas and recipes will also be covered.

KOMBUCHA

May 1, Wed 5-7pm - Sr/Community Center

Known as "The Elixir of Life", Kombucha origins remain shrouded in mystery. Some drink it for health, some for flavor. If you have never tried it, now's your chance! We invite you to get in touch with your inner "Ghengis" by learning more about this interesting elixir at this fun, informative presentation. We will be sampling different flavors, demonstrating how to make your own AND sending you home with your own culture (SCOBY) to start brewing.

COMPOSTING & WORMS

May 4, Sat 10am-12noon - Blaine Library

Do you dispose of organic matter in your regular garbage? It's not a good thing for our landfills AND you are throwing away valuable soil building materials! Whether you have been thinking about a compost bin or becoming a Worm Wrangler, this workshop will get you started!! We will cover the basics of food waste "recycling", how easy it is. Followed by managing worms, indoors and out! The upside - You will see huge benefits in your garden!

CONTAINER GARDENING

May 29, Wed 5-7pm - Blaine Library

June 1, Sat. 9-11am - Sr/Community Center

Join us for an "out of the ground and into the box" introduction to container gardening. If you think that you MUST have a plot of land or maybe mobility issues have slowed you down, we want to help you NOT give up on gardening!! We will start with the basics from choosing containers and the right plants to learning how to water them.